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22 Signs that your dog may be in trouble from bloat or torsion:

- 1. Rigid (hard) abdomen
- 2. Painful when touched in the abdomen
- 3. Vomiting foamy or liquid material
- 4. Unproductive attempts at vomiting or retching
- 5. Drinking and immediately vomiting
- 6. Staring out into space or glazed look
- 7. Distended abdomen
- 8. Arched back
- 9. Praying position (down in front, rear standing)
- 10. Laying down on belly crouched position
- 11. Curling up in a ball
- 12. Laying or sitting in an unusual location
- 13. Seeking a hiding place
- 14. Looking at their side
- 15. Frequent swallowing (aerophagia)
- 16. Hypersalivation (drooling heavily)
- 17. Drinking excessively
- 18. Lack of appetite
- 19. Quiet, any abnormal behavior
- 20. Lethargy, weakness
- 21. Panting, breathing rapidly or heavily
- 22. Red gums, or white gums (not normal pink color)

You know your own dog the best and you know when things aren't quite right. If you notice any of these signs in your dog, call your vet or take him to an emergency clinic as soon as possible. Not all dogs show the classic signs of bloat or GDV, (Gastric Dilation Volvulus) some may be very subtle or be at a pre-bloat stage.

Keep a copy of this list, your vet's phone number, an emergency clinic phone number, and your pet's medical history in a convenient place in case of an emergency.

Bloat and GDV occur very quickly, and a dog can be in shock within minutes.